Local Wellness Policy Triennial Assessment

Sponsors participating in the National School Lunch Program and/or School Breakfast Program are required to have a local wellness policy for all participating sites under its jurisdiction. At a minimum, the local wellness policy must be assessed once every three years; this is referred to as the triennial assessment. Triennial assessments must determine, for each participating site under its jurisdiction, 1) compliance with the wellness policy, 2) progress made in attaining the goals of the wellness policy, and 3) how the wellness policy compares to model wellness policies. **This documentation should be kept on file with your organization's written local wellness policy for review by an ISBE monitor during your next school nutrition administrative review.**

Sponsor Name: Regional Office of Education #11

Site Name: Bridges RSSP

Date Completed: 6/1/2026

Completed by: Jerry Calandrilla

Part I: Content Checklist

Below is a list of items that must be addressed in Local Wellness Policies, based on U.S. Department of Agriculture (USDA) and state guidance. Check the box for each item included in your Local Wellness Policy. For any box that is not checked, consider taking steps to add the item(s) to the policy in the future. For more information, see ISBE's Local Wellness Policy Content Checklist.

- ☒Goals for Nutrition Education
- ☒Goals for Nutrition Promotion
- ☒Goals for Physical Activity
- ☒Goals for Other School-Based Wellness Activities
- ☐Unused Food Sharing Plan
- ☒Nutrition Standards for School Meals
- ☐Nutrition Standards for Competitive Foods
- ☒Standards for All Foods/Beverages Provided, but Not Sold
- ☒Food & Beverage Marketing
- ☒Wellness Leadership
- ☒Public Involvement
- ☒Triennial Assessments
- ☐Reporting

Part II: Goal Assessment

Per USDA regulations, the triennial assessment must determine compliance with and progress made in attaining the goals of the wellness policy. Input the goals of your local wellness policy into the table below for the corresponding areas: Nutrition Education, Nutrition Promotion, Physical Activity, and Other School-Based Wellness Activities. Indicate if the site is meeting, partially meeting, or not meeting each goal listed. Include any next steps in attaining the goal(s), if applicable. Table rows may be added for additional goals.

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Nutrition Education				
The Local Education Agency shall incorporate nutrition education into the following curriculums for the following grade levels: Health Education, Physical Education, Elective credit courses, Science Education, Character Education	**X**			None

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Nutrition Promotion				
The RSSP shall implement nutrition promotion techniques through multiple channels, including the cafeteria, classroom, and home.		**X**		Steps will be taken in future school years to better promote the breakfast program

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Physical Activity				
In accordance with the Illinois Learning Standards, the Local Education Agency shall meet all Illinois requirements and standards for Physical Education.	**X**			None

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Other School-Based Wellness Activities				
The RSSP shall include additional activity opportunities, outside of Physical Education class, during the school day through scheduled brain breaks and afternoon physical activity breaks.	**X**			None

Part III: Model Policy Comparison

As part of the triennial assessment, USDA requires sponsors to assess how their wellness policy compares to model wellness policies. Choose **one** of the model wellness policies below to compare against your local wellness policy. Indicate which model policy was chosen and provide a narrative for each prompt below based on the findings.

☒ Alliance for a Healthier Generation's Model Wellness Policy – Local wellness policy created in collaboration with USDA, which exceeds minimum requirements

☐ Rudd Center's WellSAT 3.0 – Wellness assessment tool that asks a series of questions about your local wellness policy and generates a personalized scorecard based on the results. Users will need to create an account to access this tool.

☐ Other: _____

1. What strengths does your current local wellness policy possess?

Meets the requirements for a Local Wellness Policy.

2. What improvements could be made to your local wellness policy?

Find avenues for more stakeholder feedback. All of our sites are contracted meals that are delivered from other outside school districts. As a result, the Bridges RSSP lunch program lacks some local control and feedback for the School Nutrition Program.

3. List any next steps that can be taken to make the changes discussed above.

Communicate with meal providers to find ways for greater stakeholder involvement and feedback for the SNP. Explore options to better inform stakeholders of all of our aspects of the SNP.