

Regional Office of Education #11

# Pool Noodles & Professional Development SUMMER BOOK BUZZ

**Welcome to Pool Noodles and Professional Development - ROE #11's summer edition of Book Buzz!** This summer we are going to read about HABITS! Educators can earn professional development hours while floating in the pool or relaxing on a beach. This event will run June 1<sup>st</sup> through June 30<sup>th</sup>. You may read one or both texts, but the cost of each book study is \$10.00.

## To participate:

1. Select and purchase one or more of the books suggested below to read.
2. Go to [www.roe11.org](http://www.roe11.org) to register for your selected text.
3. Choose any 3 activities listed below to show your professional thinking and growth. Make sure to answer in complete sentences and with detail (at least half page).
4. Submit the three activities as a Google Doc with edit access to Katie O'Dell at [kodell@roe11.org](mailto:kodell@roe11.org) by 4 pm on Friday, June 30th.

## Text Options

### ***Atomic Habits: An Easy & Proven Way to Build Good Habits & Break Bad Ones***

by James Clear – 2018 – 8.5 PDH

### ***Positive Mindset Habits for Teachers: 10 Steps to Reduce Stress, Increase Student Engagement and Reignite Your Passion for Teaching***

by Grace Stevens - 2018 – 6.5 PDH Credit

<p><b>WHY?</b></p> <p>Why did you select this book? What is the purpose behind your reading? Provide a detailed response which will show your growth intent and why you want to learn more about the topic this book discusses.</p>	<p><b>BEST PRACTICES</b></p> <p>As you read the text, reflect in detail on your current practice as an educator. How does this content relate to your teaching? What are things you are already doing? What things do you think you need to work on as it related to this content? What are some “best practices” that you have gained from reading this text?</p>	<p><b>CHAPTER ANALYSIS</b></p> <p>After each chapter, please write down 2 detailed takeaways. A take-away can consist of the following: What did you learn? What “aha” moments developed? How do you think this can help you as an educator? Give the page number in which these takeaways took place.</p>
<p><b>SUPPORT</b></p> <p>After reading the text, think about what support you will need to help you implement any ideas you’ve gained. What barriers do you see in implementing said processes? Write a detailed response.</p>	<p><b>THE BIGGER PICTURE</b></p> <p>After reading this text, how could you share this text with others to help them grow: teachers, students, administrators, parents? How can you be a support to others wanting to learn more? What can you do with this new information to show leadership in your school?</p>	<p><b>IN THE CLASSROOM</b></p> <p>Think about how you will use the content you just read in your classroom as an educator. Be sure to support this with evidence. What will you do? How will others know you are implementing? What does this look like? How will students react or benefit from this implementation?</p>