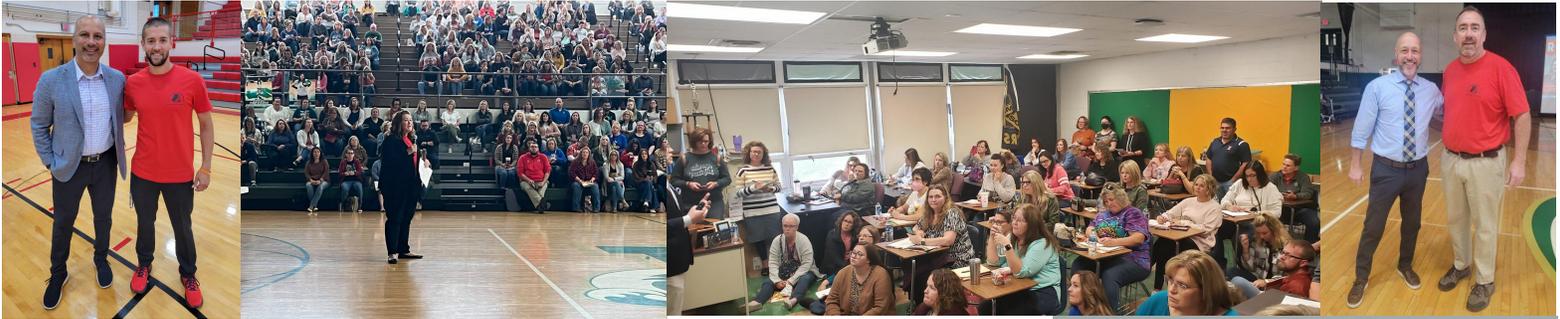


SPRING PROFESSIONAL DEVELOPMENT NEWSLETTER



ROE #11 Regional Institute a Success!

For the first time in over a decade, ROE #11 was able to gather educators from all seven counties to learn together this past fall.

This was a collaborative effort that took time to plan and organize. Thank you to the many local educators who shared their expertise in breakout sessions. Because of your willingness to present, we were able to host approximately 120 breakout sessions across all four sites. #LearnWith11

Evidence of Completions Going Paperless!

Long gone are the days of passing out an Illinois State Board of Education workshop evaluation and evidence of completion at the end of a workshop. Following all events, participants will be emailed a Google evaluation link. Upon completing the evaluation and clicking submit, participants will be provided an additional link to access a PDF of their evidence of completion. All educators will need to print or save this document and keep in a file for 6 years in the event they are audited by the Illinois State Board of Education.



In this spring edition of the professional development newsletter, you will find a variety of professional growth opportunities. If you are interested in presenting, please reach out to Katie O'Dell.

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730 7th Street, Charleston, IL 61920
8:00 AM—4:30 PM M-F
Telephone: 217-348-0151

Connect with us on social media!

#ROE11

Regional Office of
Education #11

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roe_eleven





Registration for professional development is as simple as completing a short Google form – no account necessary!

1. Go to www.roe11.org.
2. Click on PROFESSIONAL DEVELOPMENT.
3. Click on the title of the workshop you wish to attend.
4. Click REGISTER.
5. Complete the Google Form.
6. Confirmation will appear after clicking SUBMIT.
7. Confirmation emails will come a week prior to the event

Unless otherwise stated, registration for all events close one-week prior to the date of the workshop so register early to guarantee your seat. All events subject to change.

January

Staying Healthy in 2023
Presented by Mary Liz Wright
Friday, January 27, 2023
9:00 am - 2:00 pm
Cost: \$10.00

Celebrate staying healthy (or getting healthy) by attending this workshop with Mary Liz Wright, Nutrition and Wellness Educator with Illinois Extension.

This workshop will cover a series of topics:

- Eating for Cognitive Health: Dementia does not have to be inevitable. Learn what to eat to delay cognitive decline. It is easier than you think!
- Mindful Eating: One of the saboteurs of a healthy diet is mindless eating – in the car, over the sink, in front of the television – we have all done it. Learn the art of eating and enjoy every bite!
- Rethink Your Drink: Did you know that beverages are a significant source of calories and added sugar? This lesson will increase your understanding of the calorie and sugar content of popular beverages and help you recognize how your daily beverage choices may be making it more difficult to maintain a healthy weight. We will help you identify healthier beverage choices.

A Healthy Lifestyle that Lasts: If you're embarking on a healthier lifestyle, this workshop is for you. Get updates on the latest dietary recommendations and how to make small changes over time. Come learn how to arm yourself with the skills you need and find out the best behavioral strategies for making lasting changes in your health.

AA #1444 Managing Your Time or It Will Manage You
Presented by Dr. P.J. Caposey
Tuesday, January 31, 2023
8:30 am - 3:30 pm
Cost: \$15.00 (PD) \$30.00 (AA)

Time management is not the issue. Truly, it is not. This very popular presentation based on a 2018 ASCD release unveils that time management is simply a symptom of one of eight larger issues. This academy is infused with deeply personal anecdotes and will help everyone identify why they may struggle with optimizing their efficiency and effectiveness both at home and at work. Participants will leave changed and inspired to make some immediate changes in their habits and lifestyle.

February

Science Professional Learning Community
Facilitated by Jennifer Harris
Wednesday, February 1, 2023
1:00 pm - 3:00 pm
Cost: FREE

Join other 6-12 science educators for a roundtable to discuss a variety of topics including: Illinois Science Assessment Updates, resource sharing, and storylining. University of Illinois Assistant Professor, Dr. Christina Krist, and Dr. Barbara Hug will also be on-site to discuss some additional learning opportunities.

E-Rate 471

Presented by Mindy Fiscus

Thursday, February 2, 2023

12:00 pm - 3:00 pm

Cost: FREE

Learn and complete phase two of your E-Rate application with an E-Rate expert on hand! This 3-hour session will cover Form 471 as well as the information needed to successfully complete it, including recipients of services, discount calculations, costs of service, dates of service, and service provider(s). Mindy Fiscus, LTC Director of Government Affairs and IL State E-Rate Coordinator, will also be available to answer questions and highlight tips and tools for making your E-Rate life easier.

Reminder: Applicants must file E-Rate Form 470 at least 28 days before filing Form 471. After that 28 day window, contracts may be signed, and additional details needed for the application can be discussed with the chosen providers.

Please check our website for additional materials that will need to be brought to this event.

ROE #11 Technology Networking Meeting

Facilitated by Holly Kelly

Wednesday, February 8, 2023

9:30 am - 11:00 am

Cost: FREE

Area technology coordinators, directors, building admins, and coaches will discuss shared experiences, questions, and ideas. Their contributions and concerns will drive the conversation.

Google Level 2 Certification

Presented by Holly Kelly

***Wednesday, February 8, 2023 - March 8, 2023**

Cost: \$15.00

Get the Training & Take the Exam to become Google Level 2 Certified!

Are you ready to grow your professional skillset and discover new ways to harness Google's suite of educational tools? Reserve your spot today for this Google Educator Level 2 Certification cohort! In this cohort, we will break down the Google Certified Educator Level 2 exam into smaller workshops while preparing you to take and pass the exam. Each session will cover different Google-related topics, including Gmail, Slides, and Drawings; Scholar, Books, Google Arts and Culture; Earth and Maps; Sites and Blogger; YouTube and Classroom; Keep and Trends.

Level 2 certification indicates that an educator is able to successfully integrate a wider range of Google for Education tools and other technologies in order to transform teaching practices. Educators who pass the certification test will be able to advertise their status with a personal certificate and badge. Certification lasts 36 months.

This cohort is open to all educators, regardless of prior certification*. Educators who participate in this cohort will earn up to 8.5 PD hours of credit. You do not need to have passed the Google Certified Educator Level 1 exam or maintain Certified Educator Level 1 status to participate in this cohort or take the Certified Educator Level 2 exam.

Meeting times for this cohort (participants must attend all three sessions):

Week 1: February 8, 2023 – 12:30pm - 3:30pm (VIRTUAL)

Week 2: March 1, 2023 – 9:00am - 11:00pm (VIRTUAL)

Week 3: March 8, 2023 – 9:00am - 11:30am (IN-PERSON: TAKE THE EXAM)

Teaching with Geometry Mini Lessons

Presented by Peter Wiles & Rick Anderson

Friday, February 10, 2023

Cost: FREE

Refresh geometry instruction with mini-lessons that enliven the classroom. Expand your instructional repertoire to include short tasks that can be used throughout the school year to build students' geometric thinking. These tasks focus on supporting students' understanding of geometric shapes and their properties. In this workshop, you will:

- Investigate students' geometric thinking and the essential concepts of geometry
- Develop instructional strategies that go beyond memorized terms to foster rich classroom discussion
- Create geometry tasks for use in the elementary and middle level classroom



Unless otherwise stated, all workshop cancellations require a 48 hour notice. Late cancellations will result in being billed.

Promethean Boards 101
Presented by Chris Trott
Thursday, February 16, 2023
1:00 pm - 3:00 pm
Cost: FREE

New to Promethean Boards? No problem! This session will cover all aspects of the panel from the hardware, software (ActivInspire/Classflow), and all of the built-in applications like the Whiteboard, Timer, Spinner, Screen Share, Annotate, and others. Chris will highlight best practices, tips & Tricks and everything in between. After the session, you should feel comfortable and empowered to use the Promethean Panel with ease.

English Language Arts Professional Learning Community
Facilitated by Kendall Huffman
Wednesday, February 22, 2023
1:00 pm - 3:00 pm
Cost: FREE

Join other English Language Arts teachers (grades 6-12) for a professional learning community! A topic covered during the session will be how to combat apathy among students in the post-Covid classroom. Participants are asked to bring resources and lessons to share with others as well.

Awesome Literacy Strategies for Critical Thinking
Kristin Runyon
Monday, February 27, 2023
9:00 am - 2:00 pm
Cost: \$15.00

Traditionally, students have demonstrated their understanding and analysis of a text or topic through tests and essays. However, have you seen other teachers' social media posts about One Pagers or Hexagons and weren't sure how to introduce them to students? Have you wanted to include more strategies that use visual texts? Have you found text sets online, but the articles weren't exactly what you needed? This workshop will include demonstrations, followed by time for participants to practice each strategy and create samples specific to their own texts. We will use one shared text for all demonstrations, but teachers should also bring a text that they teach along with a computer. The presenter is an English teacher, but has years of experience working with teachers across the curriculum through the Eastern Illinois Writing Project, so all content area teachers are welcome.



Would you like to share the amazing things happening in your classroom? ROE #11 loves to highlight teachers in our region who are creating engaging lessons in the classroom. Contact Katie O'Dell if you are interested in this opportunity.

Grading Practices
Dr. Cathleen Weber
Tuesday, February 28, 2023
8:30 am - 11:30 am
Cost: \$10.00

When was the last time your staff discussed grading practices? Are new staff following guidance for their department? For school wide grading practices? Dr. Weber will lead your staff through these difficult conversations to guide understanding and provide insight to effective grading practices, policies, and systems to ensure student learning is at the center of all grading in your district.

Classroom Management
Dr. Cathleen Weber
Tuesday, February 28, 2023
12:30 pm - 3:30 pm
Cost: \$10.00

Every teacher has a unique classroom. Every child has a unique personality. How do you blend these two completely different aspects to create a classroom community? The classroom management techniques presented can bring insight to teachers. Through the analysis of their personalities, child behavior analysis, and setting behavioral expectations, teachers can establish a positive learning environment for every student.

March

IMSE Comprehensive Orton Gillingham Training

Presented by Ginger Handy

March 13, 2023 - March 17, 2023

8:00 am - 3:30 pm

Cost: FREE



The IMSE Impact Comprehensive OG+ is a 30-hour course geared towards building foundational literacy skills and primarily focuses on: phonological skill, spelling, word recognition, phonics, includes an additional asynchronous video focused on fluency, vocabulary, and comprehension. More than just learning about Structured Literacy and the Science of Reading, teachers will be equipped with the tools and knowledge to bring what they've learned back into the classroom.

Participants in this training will learn to administer IMSE informal criterion-referenced assessments and phonological awareness assessments for differentiation and ongoing progress monitoring.

Please contact Katie O'Dell at kodell@roe11.org to be placed on the wait list for this event.

Classroom Expectations for Math Teachers

Presented by Dr. Cathleen Weber

Monday, March 20, 2023

8:30 am - 11:30 am

Cost: \$10.00

What educational opportunities and experiences enhance student learning in all mathematics classrooms? Systems and expectations will drive student learning to maximize time and ensure mathematics learning!

Math Practices Extended Response (Grades 3-8)

Presented by Dr. Cathleen Weber

Monday, March 20, 2023

12:30 pm - 3:30 pm

Cost: \$10.00

The Mathematical Practice Extended Response presentation provides educators with a robust set of resources aligned to ensuring student exposure to the 8 Mathematical Practices and developing extended responses. Vocabulary development, classroom math expectations, and robust learning opportunities set the stage for enhance learning. Educators will leave the session with resources that can be implemented the next day in their classroom. Topics to be addressed: Universal Expectations, Building Equity, 8 Mathematical Practices, Instructional Strategies, Assessment Skills, Checklist of Goals/Objective, and online resources.

Advanced Classroom Management

Presented by Jim Kestner

Tuesday, March 28, 2023

8:30 am - 2:30 pm

Cost: \$15.00

This high-energy session is dedicated to helping experienced teachers address a wide range of classroom management issues. Teachers who attend will find strategies that lead students to make good choices, replacing controlling behaviors with strategies that lead students to monitor and take responsibility for their own behavior. Specifically, the session will address the following:

- * What teachers should know about teaching Generation Z
- * Developing character-based discipline
- * Addressing common challenging behaviors
- * Difference between controlling behaviors and building good decision-making skills
- * Consistency
- * Developing and implementing effective classroom policies
- * Establishing a character-building classroom environment
- * Teaching self-respect, self-discipline, and responsibility
- * Self-esteem vs. self-respect
- * Grading systems that encourage student effort and engagement
- * Assessing student behavior
- * Parent and administrator involvement

Keeping Students Safe by Staying Informed

Presented by Alyssa Castleman, School Resource Officer Roa, and Lieutenant Brett Compton

Wednesday, March 29, 2023

9:00 am - 11:30 am

Cost: FREE

How informed are you when it comes to Internet crimes, active shooter protocol, and current drug trends? Join Alyssa Castleman, Office of the Illinois Attorney General Internet Crimes Against Children Task Force, School Resource Officer Erica Roa and Lieutenant Brett Compton, both of the Charleston Police Department to learn more.

Ms. Castleman will begin the morning with an overview of the Internet Crimes Against Children (ICAC) program that assists state and local law enforcement agencies in developing an effective response to technology facilitated child sexual exploitation and Internet crimes against children. She will also discuss topics covered in the Digital Safety presentation that they offer as assemblies for school districts.

School Resource Officer Roa and Lieutenant Compton will discuss A.L.I.C.E concepts: when to run, hide, or fight, the advantages of an options based response, the human body's response to a survival stress incident, and how to use Recognition Primed Decision Making for survival, prevention strategies, and the law enforcement-school district team mindset. In addition, this team will discuss vaping and other current drug trends along with detection.

School Food Service Training

Presented by Meredith Probst

Thursday, March 30, 2023

3:30 pm - 7:00 pm

Cost: \$15.00

Join other school food service staff for a training this spring! Meredith Probst with the University of Illinois has put together a great list of topics:

- Staff recognition
- Communicating with families
- Reducing sugar

What's All of This Talk About SEL?

Presented by Angie Gentry and Aimee Lugo

Friday, March 31, 2023

12:30 pm - 3:30 pm

Cost: FREE

What is social-emotional learning (SEL)? Why is this important, and what is the practicality of including this in a classroom, especially on top of all of your many other teaching responsibilities?

If you are noticing an increase in challenging behaviors, like most schools, we will provide you with solutions that are perhaps simpler than you might realize. In this workshop, you will hear about our school's journey from sparked interest to school-wide implementation of SEL. We will share the impact it has had on overall classroom culture, teaching, and learning.

Join us for an informative session from the perspective of an administrator and a classroom teacher. Leave with the inspiration and tools to help foster a positive classroom environment that will lead to improved relationships, problem-solving skills, and academic progress.

This workshop will be relevant to all school staff (administrators, teachers, counseling, etc.) at any level. It will appeal to someone who just wants to become more aware and to those who are ready to implement at either a classroom or school-wide level.

April

ROE #11 Technology Meeting

Facilitated by Holly Kelly

Wednesday, April 12, 2023

9:30 am - 11:00 am

Cost: FREE

Location: LIFT Center - 121 S. 17th Street, Mattoon IL



Area technology coordinators, directors, building admins, and coaches will discuss shared experiences, questions, and ideas. Their contributions and concerns will drive the conversation.

Drug Impairment Training for School Nurses

Presented by Deputy, Ari Briskman

Thursday, April 20, 2023

11:30 am - 4:00 pm

Cost: FREE

We are excited to host Sergeant Ari Briskman with the Lake County Sherriff's department to discuss drug impairment with ROE #11 school nurses. Topics of instruction include:

- A basic understanding of the seven drug categories and their general/clinical indicators of impairment.
- The signs of a drug overdose.
- Medical conditions that may mimic drug impairment.
- Psychophysical tests to aid in identifying drug impairment.
- General guidelines for documenting/articulating drug impairment.

The Workshop Model for the Secondary Classroom

Presented by Tera Stewart, Carrie Veach, and Jeana Craft

Friday, April 21, 2023

12:30 pm - 3:30 pm

Cost: FREE

Are you interested in implementing the workshop model in your high school classroom, but feel that planning and time restrictions make it impossible? If so, the session on The Workshop Model for the Secondary Classroom may be for you! In this half day professional development opportunity, participants will walk away with quick and easy tools and strategies to implement the workshop model meeting the whole child.

May

Drones in the Classroom

Presented by Ben Sondgeroth

Tuesday, May 2, 2023

8:30 am - 2:30 pm

Cost: \$25.00

As drones continue to grow in both popularity and functionality, businesses are rapidly expanding their uses of unmanned aerial vehicles. As we look for new ways to prepare our students for the changing workforce economy, we can look at adding drones to our curriculum. Bringing unmanned aerial vehicles into our schools and classrooms can provide an engaging opportunity to teach our students real-world skills. This workshop will provide an introduction to drone terminology, safety issues, legal concerns, requirements, and drone options.

Participants will be provided a DJI Trello EDU drone for attending the workshop which is included in the cost of the session.

School Board Leadership Training

Presented by Gary Lewis & Jeff Fauver

Thursday, May 18, 2023

5:00 pm - 9:30 pm

Cost: \$25.00

New to the school board? Join us for the mandatory four-hour training, developed by a writing team composed of retired superintendents and school board members from east central Illinois, that meets the requirements set forth by 105 ILCS 5/10-16a. The training is presented by a two person team, one individual with superintendent experience and another with school board experience. The presentation features more information and interactive scenarios on the topics of: education and labor law, financial oversight and accountability, and fiduciary responsibilities.

